

# People

## RACHAEL RAY GETS (VERY) PERSONAL

The TV kitchen superstar comes clean about her marriage, kids, her weight and why she apologized to Oprah



**HEATHER'S**  
Romance with  
*Melrose* costar



**PRINCE HARRY**  
Ready for Iraq?



**SHREK'S A DAD!**  
Exclusive Photos!

\$3.49US \$4.79CAN



www.people.com ( AOL Keyword: People )

# Mother's Day GIFT GUIDE



**↑ KELLY  
RIPA**

**The Best  
Gift to  
Pamper  
Mom**

"A no-fail Mother's Day gift for a [busy woman] would be something she normally wouldn't do for herself, like hire someone to clean out her closets!"

## WELL-BEING



**1** ***I Was a Really Good Mom Before I Had Kids*** Real-mom tales and tips for busy lives, collected by Trisha Ashworth and Amy Nobile. \$18.95

**2** **Soapdish Editions Waterproof Books** Tub-ready reads such as *Clean & Serene* won't wilt in that long bubble bath she deserves. [www.amazon.com](http://www.amazon.com); \$7.95 each

**3** **DIRT GREEN Dirt Candles** Chill her out with these lightly scented, 100% soy wax candles. [www.dirtcandles.com](http://www.dirtcandles.com); 866-436-5865; \$24

**4** **DIRT GREEN K Studio Pillows** Add whimsy to a room with these accents, made of eco-friendly fabrics and dyes. [www.kstudiohome.com](http://www.kstudiohome.com); \$98-\$132

**5** **Be Ugly T-Shirt** Brace yourselves, *Ugly Betty* fans: Not only is this tee adorable, the net proceeds benefit Girls Inc., a nonprofit group that empowers girls through social and educational programs. [www.beugly07.com](http://www.beugly07.com); \$24.95

**6** **Oliver Throw** For a cozier couch. [www.crateandbarrel.com](http://www.crateandbarrel.com); 800-967-6696; \$79.95

**7** ***Walking on Eggshells*** Jane Isay's reflections on the lifelong parent-child bond. \$23.95

**8** **"Girls Night In" DVD Box Set** Overdose on five chick flicks, including Reese Witherspoon's *Just Like Heaven*. \$34.99

**9** ***The Art of Aging* Audiobook** Along with medical counsel, Dr. Sherwin B. Nuland shares the advice of spry seniors, aged 70 and older. \$29.95

**10** ***The Mother-Daughter Book Club*** The 10th-anniversary edition of Shireen Dodson's book comes with updated reading lists and reading circle how-tos. \$13.95

**11** **Carly Simon. *Into White*** The singer's mellow album of covers, including "Blackbird" and "Scarborough Fair." \$13.99